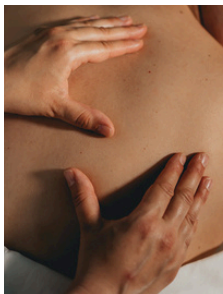
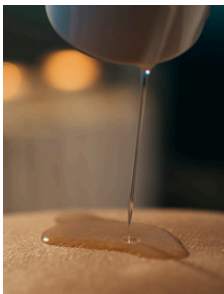
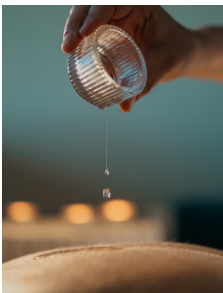




## WELLNESS CENTRE

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*Welcome to the Wellness Centre, where you can have a relaxing and invigorating experience with a jacuzzi, sauna and hammam. We also have a careful selection of massages to take care of yourself!*

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## THERAPY WITH TIBETAN BOWLS

### TIBETAN BOWLS

45 minutes: 50.00€

Sound therapy with Tibetan singing bowls is an ancient practice of regeneration. The sound emitted by these bowls promotes harmony and facilitates deep brain relaxation. This technique stimulates stress reduction on multiple levels and favours the elimination of toxins from the body. A treatment aimed not only at physical well-being, but also at mental and emotional balance.



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& Safe